



Youth Services

Empowering youth and their families to develop healthy relationships

PCFSA youth services are offered to youth (aged 10-19) in the West Shore area, that have been identified as experiencing difficulty at home, school and in the community.

The program serves youth and their families with outreach, counselling and group activities to meet their needs, acquire skills and improve family and community relationships and connections.

Referrals can be made from the community or family. Call **250-478-8357**.

What we do

- Individual Counselling
- Family Mediation/Family Counselling
- Crisis Intervention
- Outreach/Community Development
- Group work
- Support for youth transitioning to independent living

This program is supported by funding from the Ministry for Children and Family Development

Other community resources

- <http://youthspace.ca/>
- Vancouver Island Crisis Line 1-888-494-3888
- Greater Victoria's Online Youth Information Portal: www.youthcore.ca
- Information on youth topics and services throughout the province: www.youthinbc.com
- Youth Empowerment Society: www.vyes.ca
- Reproductive health: www.islandsexualhealth.org
- Intercultural Association, youth page: www.icavictoria.org
- Anxiety BC: www.anxietybc.com
- Boys & Girls Club: www.bgcvic.org
- Victoria Native Friendship Centre: www.vnfc.ca
- Military Family Resource Centre: www.esquimaltmfrc.com
- YM/WCA: www.victoriay.com
- Anger management information: www.angerinfo.com
- Greater Victoria School District No.61: www.sd61.bc.ca
- Greater Victoria School District No.62: www.sd62.bc.ca